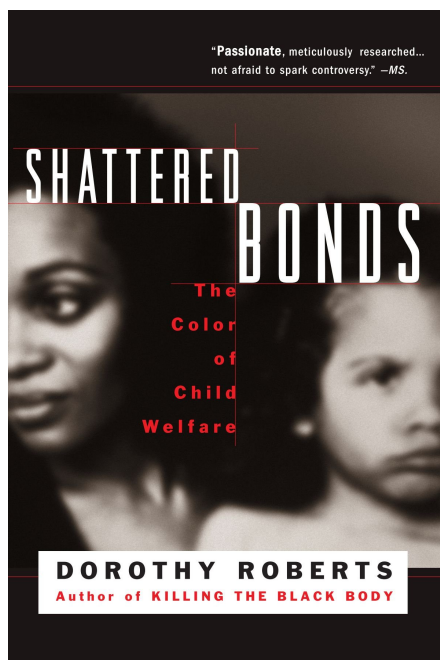


November 2020

## Dorothy Roberts Shattered Bonds CE



We were honored and delighted to hear from Professor Dorothy Roberts last week for our second installment of our Fall Lunch and Learn series. We appreciated seeing many of you attend and engage in a robust discussion about structural racism in the child welfare system.

You can view the recorded session [here](#).

You can also earn CE credit for reading her book, *Shattered Bonds*. To receive CE credit, please send your [reflections](#) to our [Training Specialist](#).

## Please Help!! Your Support with Activity Log Submissions Needed

SFCASA is required to report quarterly volunteer advocate hours to the Judicial Council of the Administrative Office of the Courts. The number of hours we've collected to date do not represent the tremendous work you've been doing. **Please help SFCASA by regularly submitting advocacy logs through Advocate Link (AL)**. In addition to court compliance, logs promote effective collaboration between you and your SFCASA team; impact evaluation and program improvements; grant reporting and funding opportunities; as well as liability protection.

Please take the time to submit your log activity ASAP and be in touch with your Case Supervisor or Data Specialist [Janey Kemp](#) with any questions specific to AL—we want to make this as easy for you as we can!

P.S. We're working on some exciting user experience improvements to AL, including a mobile app (we heard you!) coming your way in the next two months... in the meantime please help us lift up the impact of your volunteerism by submitting any outstanding activity logs.

## Grant Opportunity for Current and Former Foster Youth!



Jack Dorsey, CEO of Twitter, is giving away \$1 Billion in response to the pandemic. Think of Us is supporting this opportunity by reviewing applications to determine the recipients of this grant and to share the needs of youth with funders, donors, advocates, and policy makers. Current and former foster youth (ages 14-29) can apply for a one-time micro cash grant of up to \$1000.

The application deadline is **November 18, 2020**. Grants will be awarded by December 1st, 2020.

[Apply here!](#)

## Juvenile Justice Booster Training Series

**Mental Health, Behavioral Health, and Healthcare Services for Juvenile Justice Youth: *Community Provider Stakeholder Panel*** on **Monday, November 16** from 5:30-7:30 pm via Zoom (2 CE Credits)

SFCASA welcomes representatives from Seneca's Assess Youth, Identify Needs, Integrate Information, Match to Services (AIIM) Higher and the SF Department of Public Health's Special Programs for Youth (SPY Clinic) to introduce and discuss important information regarding mental health and behavioral health services for Juvenile Justice Involved Youth. CASAs have an opportunity to learn about available services and how to advocate for your youth in accessing these services.

**Delinquency Court Stakeholder Panel** on **Wednesday, December 2** from 5:30-7:30 pm via Zoom (2 CE Credits)

Please join SFCASA's Delinquency Stakeholders Panel with representatives from the Superior Court of San Francisco, the District Attorney's Office, the Public Defender's Office/Conflicts Panel, and the SF Juvenile Probation Department. The goal of the Juvenile Justice Panel Presentation is to provide you with a clearer understanding of the roles of the various participants in the delinquency court process, enhanced by examples of how a CASA volunteer may most effectively work with each party to support the best interests and well-being of juvenile justice involved youth.

**Pulling it All Together and Getting Started** on **Monday, December 14** from 5:30-7:30 pm via Zoom (2 CE Credits)

This training, focused on practical learning, will give the CASA a deeper understanding of the expectations of the role. SFCASA's Juvenile Justice Coordinator, Gabriela Bayol, will cover getting started, tips around engagement, court report writing, what to expect from JJ status review report and using Advocate Link. SFCASA's Educational Advocacy Specialist, Mia Ragent, will also go over how best to advocate for education and strategies that may be useful for CASA's working with JJ youth.

**PREA (Prison Rape Elimination Act) Training**, Online [HERE](#) (2 CE Credits)

PREA supports the elimination, reduction and prevention of sexual assault within the corrections systems. The Prison Rape Elimination Act of 2003 (PREA, P.L. 108-79) was enacted by Congress to address the problem of sexual abuse of persons in the custody of U.S. correctional agencies. The National Institute of Corrections has been a leader in this topic area since 2004, providing assistance to many agencies through information and training resources. This training is important for CASAs who are working with JJ youth, as anyone working and volunteering in a juvenile or adult detention facility must complete this training.

Email our [Training Specialist](#) to RSVP.

## Upcoming CE Opportunities

**KQED sponsored Documentary - Unadopted** on **Monday, November 16** at 6:00 pm via Zoom (2 CE credits)

KQED presents a new documentary about the foster care system and a conversation with its young filmmaker. What does it mean to be "unadopted"? That's what [Noel Anaya](#) set out to discover after reading a copy of his foster care file. The film follows Noel's quest for answers about his family and his experience in the foster care system. The story interweaves Noel's own journey with three other teens who, like so many foster youth, are at an emotional crossroad that may impact the rest of their lives: whether to emancipate from the foster care system, opt into extended care, or pursue a forever family.

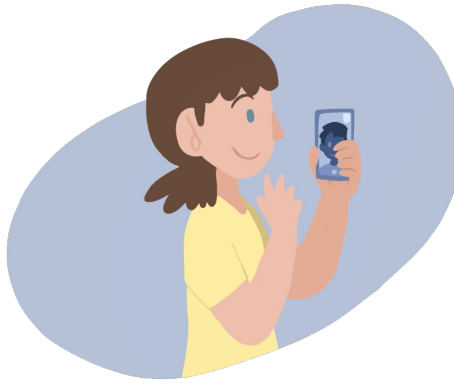
After the screening, Noel and Amy Lemley (founder of [First Place for Youth](#) and executive director of the [John Burton Advocates for Youth](#)) will lead a live conversation about the making of the film and the experience of teenagers navigating an alienating system that doesn't know what to do with them.

**Holiday Blues: Depression, Anxiety, and Suicide Prevention** on **Tuesday, December 8** at 6-8 PM via Zoom (2 CE Credits) with Dr. Natalia Estassi.

The stress can increase their depression, anxiety, and trigger suicidal thoughts. The World Health Organization estimates that approximately 1 million people die each year from suicide. It is the **SECOND** leading cause of death for ages 10-24 and the **THIRD** leading cause of death for college-age youth and ages 12-18. Four out of five teens who attempt suicide have given clear warning signs. Learn how to recognize these warning signs and what you can do to save a life. Review the signs and symptoms of depression and anxiety and how they are directly linked to suicide. Study misconceptions about suicide and how to address them in your work. Discuss several tips on preventing suicide, including how to assess the level of suicide risk. Explore common suicide risk factors for children and teens, including problems that may trigger a suicide attempt. Examine alarming statistics to remind you of your crucial role as providers to assess and address suicide with all our youth. Learn how you can make a difference!

Email our [Training Specialist](#) to register!

## How to Build Rapport with Youth Virtually



LA County Workforce Development Aging and Community Services hosted a webinar on **How to Build Rapport With Youth Virtually**. This webinar focuses on building relationships with youth during the pandemic and supporting vulnerable populations to stay connected to their communities. In addition, they emphasize the importance of active listening, creativity, and advice from several young leaders.

[Click here to watch the webinar](#) with [slides](#).

## Compass Real Estate Black Professionals Virtual Career Day

### MEET (SOME) OF OUR GUEST SPEAKERS



Nicole Willhelm  
Real Estate Agent



Steve Williams  
Real Estate Agent



Joske Thompson  
Real Estate Agent



Jodie Taylor  
Head of D&I



Troy Cotton  
Marketing Manager



Kevin Jackson  
Trust & Estates Attorney



Chris Black  
Home Inspector



Lynell Bevels  
Lender

Compass Real Estate is hosting a **Virtual Career Day** on **Thursday, November 12 at 3:30 PM**. They will be featuring a panel of black professionals from a wide array of real estate industries. Their goal is to break the myth that certain industries are not attainable for black and brown youth. This event is open to youth and adults.

Click [here](#) to register!

## Gal Pals Virtual Support Group



The flyer features a purple and pink color scheme. At the top left is the LEGACY logo with silhouettes of people. The title 'Gal Pals' is in a large, bold, yellow font. Below it, the text reads: 'WE INVITE YOU TO BE A PART OF GAL PALS VIRTUAL SUPPORT GROUP!'. The time and location are listed as '3:30PM-4:30PM VIA ZOOM'. The target audience is 'FOR YOUNG GIRLS BETWEEN 14-16 YEARS OLD.' The topics to be discussed are 'PARTICIPANTS WILL BE ABLE TO DISCUSS TOPICS SUCH AS SOCIAL MEDIA, BODY IMAGE, AND SELF-CARE ETC.' The incentive is 'THE PARTICIPANTS WILL RECEIVE A GIFT CARD BETWEEN \$25-\$50 (VARIES ON ATTENDANCE) AND CERTIFICATE UPON COMPLETION'. The dates are 'WEDNESDAYS ON NOV. 18TH, NOV. 25TH, DEC. 2ND & DEC. 9TH'. The registration information is 'PLEASE REGISTER BEFORE 11/16/20. FOR REGISTRATION AND MORE INFORMATION TEXT OR CALL MAI TOWNSEND AT (415)212-8231 OR LIBNI GONZALEZ AT (628)216-4123'. The background of the flyer includes icons for a heart, a gift, a coffee cup, a musical note, and a paint palette, along with an illustration of three young girls hugging.

SF Department of Public Health's LEGACY (Lifting & Empowering Generations of Adults Children and Youth) program is hosting a Gal Pals virtual support group for female-identifying youth between the ages of 14-16. This is a great opportunity to support your young person in connecting with their community!

Click [here](#) to register!

### City Youth Now Fundraiser

One of our CASAs, Hannah Stomblor-Levine, is donating all proceeds from her handmade jewelry sales to City Youth Now!

Thank you for your advocacy, creativity, and generosity in supporting youth experiencing foster care and juvenile justice.

[Check out her store!](#)

