

SFCASA News



March 2022

THESE ARE OUR KIDS
April 29

Fostering Change
A GALA BENEFITTING FOSTER YOUTH
6 P.M. at the Ritz Carlton, San Francisco

GALA CHAIRS
Jeff & Keri Davidson
Kirsten Wolfe & Andrew Brown

Last Week for Discounted Gala Tickets

It's the **last week** to purchase discounted gala tickets! Tickets are extremely limited, and the discount code WELOVECASAS50 is only good until March 9th!

Use the code for 50% off up to two tickets. Tickets are available at www.sfcasa.org/gala

We're looking for auction items for our upcoming Gala! Experiences, tours, tickets, wine, food - anything fun and unique.

Email Maggie Swanson at maggie@sfcasa.org with ideas or contributions by April 1.

SOAR Program at UC Berkeley for Rising 7th-9th Graders!

The SOAR (Support, Opportunities & Rapport) program from UC Berkeley is an amazing summer opportunity for youth in grades 6-8 that can lead to important educational progress, year round community connections and college preparedness.

***If you support a young person in these grades,
SFCASA strongly encourages you to support them to apply to SOAR!***

Once admitted into the program, each SOAR youth receives 5-10 years of sustained support. 93% of SOAR high school seniors graduated on time and 92% of those graduates went on to college, 38% to a 4-year college.

In 2021, this one-week pre-collegiate academy will take place from **Sunday, July 10 to Saturday, July 16** on the University of California, Berkeley campus. The application packet for the Prepare To SOAR academy can be downloaded from UC Berkeley's website [here](#).

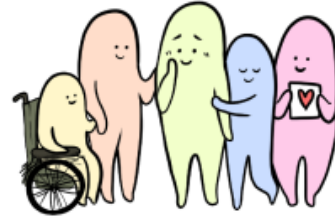
The application deadline is **Saturday, April 30** (post-marked). Applicants must be foster youth currently in grades 6-8 (beginning grades 7-9 in Fall 2022), with an academic GPA over a C average, who are currently residing in the Bay Area.

Requesting CE Credit in Advocate Link

Once you have completed independent continuing education, such as a book or movie, you can request credit from your case supervisor via AL. Please click [here](#) to learn how to do it.

ONLINE SEX ED FOR YOUTH IN FOSTER CARE

- ✓ **MEETS SB 89 REQUIREMENTS FOR YOUTH IN FOSTER CARE**
- ✓ **TESTED BY FORMER YOUTH IN FOSTER CARE**
- ✓ **TAUGHT BY PLANNED PARENTHOOD PASADENA-SAN GABRIEL VALLEY EDUCATORS**



WHAT IS TEEN TALK?

Teen Talk Youth in Alternative Settings (YAS) is an adaptation of Teen Talk, a curriculum created by Health Connected and used in many CA schools.

- A state-compliant sex ed curriculum
- Reviewed by former foster youth and adapted for youth in foster care
- Complies with laws related to the rights of youth in foster care
- Vetted for medical and legal accuracy

ELIGIBILITY

- Youth in foster care, with open cases with DCFS or suitably placed through probation
- Youth ages 12-17, or enrolled in high school
- Headphones & personal devices that connects to Zoom

SB 89 & CHILD WELFARE

- Requires to verify youth has received compliant sex ed
- If youth haven't received it, requires to ensure youth receive sex ed
- Youth must receive sex ed once in middle school and once in high school
- (CA Ed Code Sections 51930-51939)

To enroll in a series, GO TO: fosterreprohealth.org

TO STAY INFORMED, GO TO: tinyurl.com/TTYASinterest



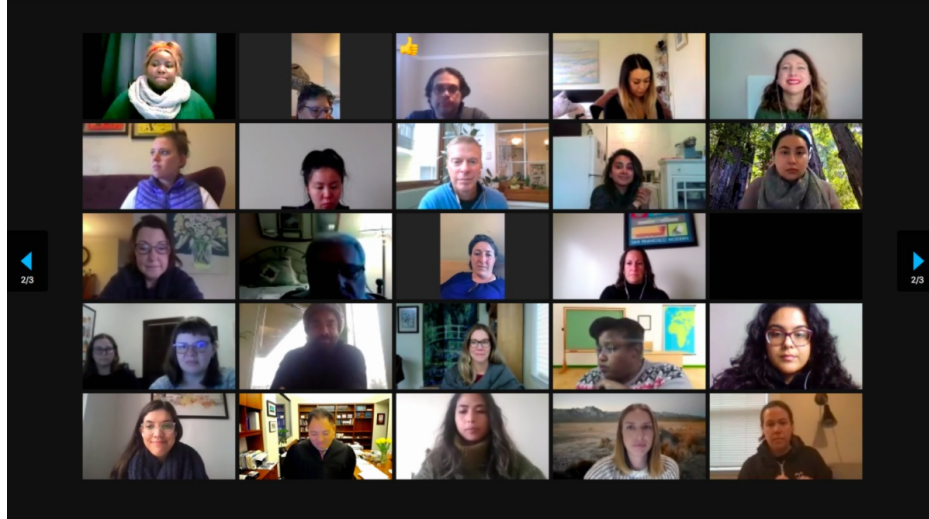
Made possible by Grant Number 1 TP2AH000066-01-00 from the HHS Office of Population Affairs

Online Sex Ed for Youth in Foster Care

If the youth you serve hasn't received their state required sexual and reproductive health education at school, they can access this online course. Teen Talk Youth in Alternative Settings is tested by former youth in foster care, is medically and legally accurate, and meets the state requirement (SB89) for all foster youth to receive sex ed twice (once in middle and one in high school). There are lots of dates open between now and June – see more [HERE](#).

Upcoming SFCASA CE Opportunities

Connect and learn with fellow Advocates while enhancing your Advocacy!



Educational Support Group on Wednesday, March 9th from 6:00 - 8:00 PM on Zoom (2 CE Credits) with Shira Andron, SFUSD Foster Youth Services Director; Julia Martin, SFUSD Special Education Ombudsperson; Abbe Skinner, and SFCASA Educational Specialist Cindy Hong

Learn how your educational advocacy can be more impactful. We will address questions and concerns about IEPs, graduation, discipline and education for the youth you serve. Please bring all your questions to this Education Support Group. You will be able to get expert feedback on your youth's IEP if desired - a great resource!

Register [here](#).

Racism and Bias in Child Welfare, What's Next? on Wednesday, March 23rd from 6:00 - 8:00 PM on Zoom (2 CE Credits) with David Noble and Brisia Gutierrez of Alliance for Children's Rights

We serve youth of color better when we understand how racism shows up in the Child Welfare System. Please join David Noble and Brisia Gutierrez of Alliance for Children's Rights for a look at past and current racism in the system, and learn how we can support grassroots efforts to disrupt the status quo. We will also be joined by youth with lived experience who will share about culturally humble ways to engage with system-impacted youth.

Register [here](#).

Working with Families on Monday, April 4th from 6:00 - 8:00 PM on Zoom (2 CE Credits) with Dr. Natalia Estassi

For many children, relationships with family members, previous caregivers, friends and others are valued. Contact can be very important in helping children develop their sense of identity and understand their lives.

Research says that maintaining links between a child and their families increases the possibility of them returning to their family home.

This training will provide strategies and discussion of ways to provide consistency, stability and safety (a child needs to feel safe and trust) and have good boundaries with families and care givers.

Register [here](#).

Good Hair Video Screening and Discussion on Wednesday, April 20, 2022, 6:00 - 8:00 PM on Zoom. (2 CE Credits) with SFCASA Case Supervisor Rakiah Kennedy

Join us for a movie screening and discussion of Good Hair! To holistically advocate for African American youth in the foster care system means making sure that their hair fits in with cultural norms. This means ensuring that it is moisturized, put in a protective style, and/or shaped up and much more. This shows respect for that young person, their culture, their family, and their own person. Hair for the black community is more than just hair as it holds many historical, emotional, cultural and community ties.

Register [here](#).

Crisis Advocacy on Wednesday, May 4th, 2022, 6:00 – 8:00 PM on Zoom (2CE Credits) with Alison Roeser.

This CE will focus on how to both navigate your own emotions when your youth is in crisis in addition to practical strategies you can use in the moment. This will be a workshop format with breakout rooms and will include CASAs who have supported their youth in a crisis so we can continue to learn from each other. You'll walk away with a better understanding of what you can do in advance of a crisis, what is yours to do in the moment and how to take care of yourself along the way.

Register [here](#).

Transitional Age Youth/ Non-Minor Dependent Corner (TAY/NMD)

Vaccine Ambassador Program

Join an amazing PAID opportunity to gain knowledge and to support and connect with community members on learning about the COVID-19 Vaccine.



JOIN OUR TEAM

ARE YOU A **CURRENT OR FORMER FOSTER YOUTH**, AGE 14-22, WANTING TO EMPOWER YOUR PEERS IN UNDERSTANDING THE COVID-19 VACCINES?

Scan to learn more!
tinyurl.com/FYvax2022

Become a **vaccine ambassador** to....

- Gain knowledge and skills to provide key COVID-19 and vaccines information to your peers
- Boost community confidence in the effectiveness and safety of vaccines by co-creating the vaccine ambassador program
- Lead the effort to increase vaccination rates among foster youth

SAVE THE DATES
3/1/2022
3/15/2022
5PM-6:30PM

\$100 GIFT CARD
UPON COMPLETION OF BOTH MANDATORY ZOOM SESSIONS

Contact **Jocelyn Arevalo** to learn more
jarevalo@firstplaceforyouth.org
(415) 230-3984

CITY COLLEGE OF SAN FRANCISCO | **UCSF** University of California San Francisco | **SFPD** | **SF ILSP**



A GRANT FOR YOUTH WITH IDEAS & SOLUTIONS TO PROMOTE SOCIAL JUSTICE & IMPROVE LIFE FOR YOUTH IN SAN FRANCISCO

YOUTH PROJECT GRANT

ELIGIBLE PROJECTS ARE:

- 1 YOUTH LED & CREATED
- 1 SAN FRANCISCO BASED
- 1 PROMOTING EQUITY &
- 1 EQUALITY
- 1 YOUTH SERVING

APPLY AT
bit.ly/bling-grant-2022

Deadline: February 28, 2022
for more information visit
bling-yli.org/funding

Youth Leadership Institute

An opportunity for youth ages 11-24 to receive grants up to \$10,000 to fund their ideas for creating social change in San Francisco!

Opportunities for ALL

Internship opportunities for youth ages 13-24.

Apply [here](#).

Fellowship Program for young adults aged 18-25 who have graduated high school or gotten their GED.

Apply [here](#).

SFYouthWorks Paid Summer Internships

[SF YouthWorks](#) is a *paid internship program for 11th and 12th graders* (must reside in SF or attend school in SF) in San Francisco city government departments.

This school year SFYouthWorks invites interns back for in person job opportunities! **The application is due no later than April 8, 2022** and [available here](#).

CASA Tip of the Month

You can use the [Foster Youth Bill of Rights](#) to spark conversations with the

youth you serve. Please talk with your CS if you have questions.

