

January 2022

Support Financial Justice with the SF Foster Youth Tax Project

If you are working with a current or former foster youth age 16-25, you can support them to access free tax prep (and get those credits and money into their pockets!) through the Bay Area's inaugural Foster Youth Tax Project in partnership with SFCASA, John Burton Advocates for Youth, First Place for Youth, United Way Bay Area, and San Francisco County Human Services Agency—Family and Children's Services.

While the program is launching with virtual support appointments during the month of February with sites at SFILSP and SFCASA as well as First Place for Youth sites in Alameda and Contra Costa County, partners are hopeful to begin offering in person support beginning in March. Youth can now schedule for support beginning on February 9th and should access [this appointment link](#) or the QR code on flyer to get started.

Last year, a similar effort in Santa Clara County served 45 current and former foster youth who were able to get \$135,000 in tax refunds and stimulus payments into the pockets of our foster youth! Volunteers made a big difference in the lives of youth boosting their income by 14% and for young parents by 42%.

**SF ILSP AND V.I.T.A.
(VOLUNTEER INCOME TAX
ASSISTANCE PROGRAM)
PRESENT:**

FREE TAX PREPARATION
SERVICE AT SF ILSP AND SFCASA
SESSIONS BEGIN FEBRUARY 9, 2022

MONTHLY \$50
TARGET GIFT CARD
RAFFLE FOR YOUTH
THAT COMPLETE
THEIR TAXES!

APPOINTMENTS WILL BE
VIRTUAL FOR THE MONTH OF
FEBRUARY AND ANY CHANGES
WILL BE ANNOUNCED



FOLLOW THE LINK OR SCAN THE QR
CODE TO SCHEDULE AN APPOINTMENT:

<https://tinyurl.com/sfilspvitap2021>



Nominate a Foster Family to Receive \$1,000!

Sadly nearly half of foster parents quit in their first year. Together We Rise will be giving \$1,000 to 5 foster families (please think especially about nominating a relative foster family as they face the greatest financial barriers) for a total of \$5,000 every Friday with a goal to give away \$250K to foster families this year.

As a CASA volunteer, you have the opportunity to nominate a foster family to receive this meaningful support! Please [click here to access the nomination form](#) and reach out to your Case Supervisor for any additional support you may need to submit a nomination.

Your LinkedIn Profile

Did you know you can add a 'volunteer' section to your LinkedIn profile, bolstering your LinkedIn presence while also helping to spread the word about SFCASA?

Just click on "Add Profile Section," choose "Additional" and select "Volunteer

Experience.” Type “SFCASA” under organization and click on our logo when it comes up. Complete the rest and you’re all set.

Most new advocates first hear about SFCASA from a current or former advocate like you, so we appreciate your helping to spread the word!



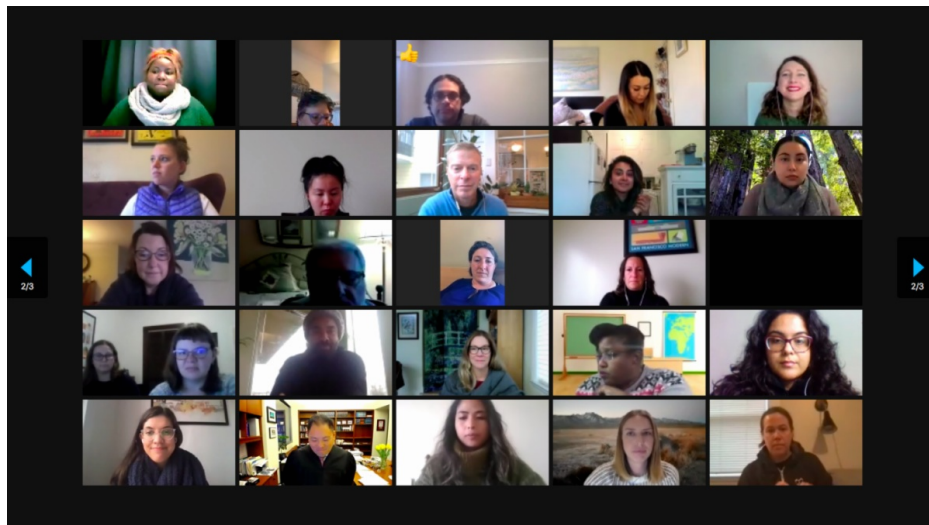
Reminder: Fostering Change Gala tickets on sale now!

Join us on April 29th for our Fostering Change Gala: These Are Our Kids!

Tickets can be purchased at www.sfcasa.org/gala, and remember advocates get a 50% discount on 2 tickets with the code WELOVECASAS50

Upcoming SFCASA CE Opportunities

*Connect and learn with fellow Advocates
while enhancing your Advocacy!*



Non-Minor Dependent (NMD) Case Dismissed Support Group on Wednesday, February 9th from 6:00 - 8:00 PM on Zoom (2 CE Credits) with TAY Coordinator Theodora Liebhart

Navigating all the services and supports available for non-minor dependent youth

as they transition out of care can feel very overwhelming at times. Please join TAY Coordinator Theodora Leibhart and other CASAs as we discuss different resources and supports, and chat about any questions or concerns that may be coming up for your youth.

Register [here](#).

"What Do I Say Now?" Bringing Ease to Communicating with Youth on Wednesday, February 15th from 6:00 - 8:00 PM on Zoom (2 CE Credits) with Allison Roeser.

Learn how to feel more comfortable and confident when communicating with your youth, particularly during challenging moments. The format of this CE will be more of a workshop style so we'll be using breakout rooms so that CASAs can talk "real-time" about communication challenges and learn from each other about what's worked well. We'll also be providing clear and concrete tips and guidance to effectively communicate so those moments of "oh shoot, what do I say now?!" will transform into the feeling of "I got this!"

Register [here](#).

Talking About Sexual and Reproductive Health on Wednesday, February 23rd from 6:00 - 8:00 PM on Zoom (2 CE Credits) with Health Connected (Perryn Reis)

Have you ever felt awkward or wondered how to bring up the topic of sexual and reproductive health with the young person you serve? Join us for a conversation with Health Connected, the sex ed talk experts to learn how to confidently discuss this crucial topic.

Register [here](#).

Counter Transference and Self Awareness on Monday, February 28, 2022, 6:00 - 8:00 PM on Zoom. (2 CE Credits) with Dr. Natalia Estassi

This training will discuss counter transference, a term Freud founded, and how it can both positively and negatively impact our work as providers. Discussed will be the many environmental and social stressors we are facing today, this includes the COVID-19 pandemic and the racism pandemic, which will impact us in various ways. As a CASA, in hearing the losses and hardships of your youth, one is often triggered, especially in these difficult times. Explore the importance of your own self-awareness to best guarantee one can remain effective as a provider. Learn ways to cultivate self-awareness and the importance of our own boundaries. Review the importance of self-care and barriers that can lead to burnout and vicarious trauma.

Register [here](#).

Educational Support Group (Open to Advocates, Caregivers, and Parents) on Wednesday, March 9, 2022, 6:00 – 8:00 PM on Zoom (2CE Credits) with Shira Andron, SFUSD Foster Youth Services Director; Julia Martin, SFUSD Special Education Ombudsperson; and Abbe Skinner, Educational Specialist.

Learn how your educational advocacy can be more impactful. We will address

questions and concerns about IEPs, graduation, discipline and education for the youth you serve. Please bring all your questions to this Education Support Group. You will be able to get expert feedback on your youth's IEP if desired - a great resource!

Please invite and share information about this CE with families and/or caregivers of the young person you serve if you think they would benefit from the extra educational advocacy support.

Register [here](#).

Partner Trainings

FAM Caregiver Training March 5th, 6th & 12th 9:30 AM - 1:30 PM on Zoom
(13 CE Credits)

A three day virtual training for those caring for system-involved youth who have experienced or are at risk of CSEC involvement.

Register [here](#).

Transitional Age Youth/ Non-Minor Dependent Corner (TAY/NMD)

**Summer Internships with
San Francisco Planning
PAID \$30/h**

The application deadline has
been extended.

SAN FRANCISCO PLANNING

SUMMER 2022

INTERNSHIPS

PROGRAM DATE

June 6 - August 26
Summer 2022

SALARY

\$30.10 / hour
40 hours per week

APPLICATIONS DUE

January 28, 2022
Friday @ 11:59 pm

17 INTERNSHIP POSITIONS PROJECTS INCLUDE:

- 1 Four-Plex Prototypes
- 2 Public Art and Statues Historic Context Statement
- 3 SFCRS - Jewish Historic Context Statement
- 4 SF Cultural Association and Historic Resource Finding Audit
- 5 Landmark Recognition and Interpretation
- 6 ADU Program Communication and Outreach
- 7 Public Resources for Commercial Signage and Residential Building Standards
- 8 Equity Map of Resources
- 9 Community Engagement Public Information and Process Improvement
- 10 Housing Element 2022 Update
- 11 Climate Change and Greenhouse Gas Emissions
- 12 Environmental Planning Racial and Social Equity
- 13 Environmental Monitoring Team
- 14 Railyards Redevelopment and General Plan Transportation Element
- 15 Streetscape Design Advisory Team
- 16 Small Multifamily Strategies Research
- 17 SF Young Planners Program



San Francisco
Planning

FOR MORE INFO & TO APPLY

sfplanning.org/internships2022



Contact CPC.InternshipProgram@sfgov.org with any questions.

CASA Tip of the Month

Doing your logs and surveys regularly is an integral part of your advocacy. Logs and surveys empower SFCASA to better serve young people.

